

How to get MORE out of your *Embodied Mystic* course:

1	Schedule your <i>Embodied Mystic</i> study sessions into your calendar. Block out times in your calendar to watch the videos and to do the journaling, journeys, and altar recommendations in each study guide.
2	Attend my FREE (at this time, totally random) pop-up calls
3	Download the Teachable app to your phone (At this time the app is only available for Apple devices.) Click here .
4	Bookmark the course on your computer Here is the URL for the regular version. Here's the URL for the CEU version .
5	Save your login information! I recommend using a password manager.
6	Spend less time scrolling on social media! (Think of how that time could be spent on <i>The Embodied Mystic</i> or taking a walk or writing a poem!)
7	Get a study buddy! They'll get \$20 off <i>The Embodied Mystic</i> * and I'll give you \$20 off a private session with me after they've made their purchase. Email me at luisakolker@gmail.com for a coupon code.

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